

THE INSPIRED MIND

Thriving in the Disruption

L'ESPRIT INSPIRÉ

S'épanouir dans la perturbation



CAROLINE KOHN LL.B., RPC, MPCC

Caroline has been counselling clients for over 35 years. These are her reflections from her professional and personal experience.

carolinekohn.ca



SOOTHING THE ANXIETY

APAISER L'ANXIÉTÉ

Tuesday, June 24, 2025, 7:00 - 8:30 PM

COOLING THE ANGER

CALMER LA COLÈRE

Tuesday, July 15, 2025, 7:00 - 8:30 PM

SOFTENING THE JUDGMENT

ADOUCIR LE JUGEMENT

Tuesday, July 29, 2025, 7:00 - 8:30 PM

CULTIVATING EMPATHY AND COMPASSION

CULTIVER L'EMPATHIE ET LA COMPASSION

Tuesday, August 12, 2025, 7:00 - 8:30 PM

CHOOSING LOVE, CREATING PEACE

CHOISIR L'AMOUR, CRÉER LA PAIX

Tuesday, August 26, 2025, 7:00 - 8:30 PM



ÉGLISE HISTORIQUE
DE BARACHOIS

1350 Route 133, Grand Barachois, NB



Admission: Free
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