

# CULTIVATE PEACE OF MIND

Untangle the Knots,  
Clear the Way

# CULTIVER LA PAIX D'ESPRIT

Défaire les nœuds,  
trouver la voie



## **Caroline Kohn**

LL.B., RPC, MPCP

*Caroline has been counselling clients for over 30 years. These are her reflections from her professional and personal experience.*

## **COVID: THE AFTERMATH (PART 1)**

LA COVID : LES CONSÉQUENCES (1<sup>e</sup> PARTIE)

Tuesday, June 14 • 7:00-9:00 PM

## **COVID: THE AFTERMATH (PART 2)**

LA COVID : LES CONSÉQUENCES (2<sup>e</sup> PARTIE)

Tuesday, July 5 • 7:00-9:00 PM

## **EMPATHY AND COMPASSION**

EMPATHIE ET COMPASSION

Tuesday, July 19 • 7:00-9:00 PM

## **CONFLICT: AVOID OR APPROACH?**

LE CONFLIT : ÉVITER OU AFFRONTER?

Tuesday, August 9 • 7:00-9:00 PM

## **FORGIVENESS AND LETTING GO**

PARDONNER ET LÂCHER PRISE

Tuesday, August 23 • 7:00-9:00 PM

## **ON HAPPINESS**

LE BONHEUR

Monday, September 12 • 7:00-9:00 PM



**ÉGLISE HISTORIQUE  
DE BARACHOIS**

1350 Route 133, Grand Barachois, NB



Admission: Free  
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